New information on obstetric and gynecologic practice is being produced at a rapid rate. Leaders in the field, including those at the American College of Obstetricians and Gynecologists, take an evidence-based approach when formulating practice guidelines. This course is designed to provide a comprehensive update for the practitioner, placing emphasis on reviewing current evidence-based data and applying new practice guidelines.

**TARGET AUDIENCE**
Designed for practicing physicians, residents, nurses, nurse practitioners, and physician assistants seeking an update on a wide range of current issues in obstetrics and gynecology.

**OBJECTIVES**
Upon completion of this course, participants should be able to:

- Provide patients with management options for fibroids and endometriosis;
- Discuss with patients risks and benefits of hormone replacement therapy;
- Describe the use of mifepristone throughout pregnancy;
- Apply in practice the most recent guidelines for screening and management of cervical intraepithelial neoplasia;
- Discuss guidelines for management of molar pregnancy and gestational trophoblastic neoplasia;
- Employ practice change to increase normal term spontaneous vaginal delivery rates;

**ONSITE and LIVE STREAM MEETING**
This course will take place in person at the Marines’ Memorial Hotel in San Francisco. Registrants will have the option to select in person attendance or remote online attendance. Login instructions along with the digital syllabus will be shared with attendees a week before the meeting.

Included in your registration fee is access to the recorded lectures on demand (available for 30 days post-course). You must sign-in to the live conference or tune in to the live virtual conference in order to claim credit for attending.
## Obstetrics and Gynecology Update: What Does The Evidence Tell Us?

### WEDNESDAY, OCTOBER 12, 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Registration Check-In / Continental Breakfast</td>
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<tr>
<td>7:45 am</td>
<td>Welcome and Opening Statements</td>
<td>Amy (Meg) Autry, MD</td>
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<tr>
<td>8:00</td>
<td>P Management of Endometriosis</td>
<td>Traci E. Ito, MD</td>
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<tr>
<td>8:45</td>
<td>P New Treatments for Fibroids</td>
<td>Vanessa Jacoby, MD, MAS</td>
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<tr>
<td>9:30</td>
<td>P Urogynecology for the Ob/Gyn Generalist</td>
<td>Caitlyn Painter, DO</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>MRI vs. US for Pelvic Imaging</td>
<td>Priyanka Jha, MD</td>
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<tr>
<td>11:15</td>
<td>O-Rads Nomenclature for Classification of Pelvic Masses</td>
<td>Lori M. Strachowski, MD</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Lunch (On Your Own)</td>
<td>Sara Whetstone, MD, MHS</td>
</tr>
<tr>
<td>1:15</td>
<td>Evidence-based Management of the Stenotic Cervix</td>
<td>George F. Sawaya, MD</td>
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<tr>
<td>2:00</td>
<td>Cervical Cancer Screening and Management: 2022 and Beyond</td>
<td>Karen Smith-McCune, MD, PhD</td>
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<tr>
<td>2:45</td>
<td>Vulvar Warts and Dysplasia</td>
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<tr>
<td>3:30</td>
<td>Break</td>
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<tr>
<td>3:45</td>
<td>P Mifepristone in Every Trimester</td>
<td>Katherine Brown, MD, MAS</td>
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<tr>
<td>4:30</td>
<td>Hot Topics in Family Planning</td>
<td>Biftu Mengesha, MD, MAS</td>
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<tr>
<td>5:15 pm</td>
<td>Adjourn</td>
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### THURSDAY, OCTOBER 13, 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>First Trimester Screening and Early US</td>
<td>Mary E. Norton, MD</td>
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<tr>
<td>8:45</td>
<td>Hot Topics in Maternal Fetal Medicine</td>
<td>Juan M. González-Velez, MD, PhD</td>
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<tr>
<td>9:30</td>
<td>Amniotic Fluid Embolism</td>
<td>Frederico Rocha, MD, MS</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>Hypertensive Disorders in Pregnancy</td>
<td>Martha Tesfalul, MD</td>
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<td>11:15</td>
<td>P Progesterone for Prevention of Preterm Birth</td>
<td>Melissa G. Rosenstein, MD, MAS</td>
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<tr>
<td>12:00 pm</td>
<td>Lunch (On Your Own)</td>
<td>Nasim C. Sobhani, MD</td>
</tr>
<tr>
<td>1:15</td>
<td>Diabetes in Pregnancy</td>
<td>Rebecca H. Amiraault, CNM</td>
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<tr>
<td>2:00</td>
<td>Non-Pharmaceutical Pain Management for Labor</td>
<td>Rachel Yang, MD, CLC</td>
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<tr>
<td>2:45</td>
<td>Breast and Nipple Complications in Lactation: Updates in Evidence-based Care</td>
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<tr>
<td>3:30</td>
<td>Break</td>
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<tr>
<td>3:45</td>
<td>Increasing your Normal Term Spontaneous Vaginal Delivery Rate</td>
<td>Robyn A. Lamar, MD, MPH</td>
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<tr>
<td>4:30</td>
<td>Urine Toxicology Testing on Labor and Delivery – What Are We Looking For?</td>
<td>Dominika Seidman, MD, MAS</td>
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<tr>
<td>5:15 pm</td>
<td>Adjourn</td>
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### FRIDAY, OCTOBER 14, 2022

<table>
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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>P Hormone Replacement Therapy</td>
<td>Marcelle I. Cedars, MD</td>
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<tr>
<td>8:45</td>
<td>Polycystic Ovarian Syndrome</td>
<td>Heather G. Huddleston, MD</td>
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<tr>
<td>9:30</td>
<td>Hot Topics in Reproductive Endocrinology and Infertility</td>
<td>Evelyn Mok-Lin, MD</td>
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<td>10:15</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>Climate Change and Reproduction</td>
<td>Marya G. Zlatnik, MD, MMS</td>
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<tr>
<td>11:15</td>
<td>A World Post-Roe</td>
<td>Daniel Grossman, MD</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Lunch (On Your Own)</td>
<td>Mitzi Hawkins, MD</td>
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<tr>
<td>1:15</td>
<td>Preventative Health for Transgender and Gender Diverse People</td>
<td>Lee-May Chen, MD</td>
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<tr>
<td>2:00</td>
<td>Molar Pregnancy</td>
<td>Stefanie M. Ueda, MD</td>
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<tr>
<td>2:45</td>
<td>Management of Complex Ovarian Masses</td>
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<tr>
<td>3:30</td>
<td>Break</td>
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<tr>
<td>3:45</td>
<td>Gynecologic Care for BRCA and Cancer Survivors</td>
<td>Mindy Goldman, MD, MS</td>
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<tr>
<td>4:30</td>
<td>P Sexual Dysfunction</td>
<td>Tami Rowen, MD, MS</td>
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<tr>
<td>5:15 pm</td>
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P Nursing Pharmacology Credit

Each lecture includes 10 minutes built in for audience questions and answers.
GENERAL INFORMATION
Advance in-person registration closes on October 10, 2022. On site registration fees will be applied after this date. Registration for the live stream will close at 12:00 pm on Friday October 14th. Registrants will be given attendance instructions and the electronic course materials 1 week in advance of the conference. All course times are in the Pacific Daylight Time Zone.

HOW TO ENROLL
Fee Tiers (Rates increase after 7/15/22)*:
$750/$800 Physicians
$525/$575 Other Health Professionals
$475/$525 Physicians in Training
*On site registration fees increase by $50 after 10/10/22
*Registrants who book their hotel rooms at the Marines’ Memorial Hotel in our group room block will receive $100 off published registration fees. Visit the course website for details.

Payment can be made by Visa, MasterCard, AmEx or check.
Register via:
Online: ObGynUpdate.ucsf.edu
Mail: Complete course registration form and send with payment to:
UCSF Office of CME • Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143
Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.
Please check our website for up-to-date information on the course: ObGynUpdate.ucsf.edu

COVID Guidelines
This conference will follow UCSF, city, state, and federal health and safety guidelines for meeting in person. Please visit the course website for updates.

REFUND POLICY
Cancellations received in writing before October 7, 2022 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
The Marines’ Memorial Club & Hotel is conveniently located just steps from Union Square, shopping attractions, historic cable cars, Chinatown, and the Theater District. A block of guestrooms has been reserved at the special UCSF conference rate of $279/night for a standard room or $309/night for a deluxe room. You are urged to make your reservations early and prior to registering for the conference. The cut off date is September 11, 2022, or once the group room block is filled.

To make hotel reservations by phone please call 800-562-7463 or 415-673-6672 and ask for the UCSF OBGYN group rate. In addition, reservations may be made via email to reservations@marinesmemorial.org.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION
UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:
United - www.united.com • Offer Code: ZK47190520

cme.ucsf.edu
COURSE CHAIRS
Amy (Meg) Autry, MD
Interim Chief of Obstetrics and Gynecology
UCSF Fresno

Tushani D. Illangasekare, MD
Assistant Professor
Associate Director of Labor and Delivery
Department of Obstetrics, Gynecology, and Reproductive Sciences

QUEST FACULTY
Rachel Yang, MD, CLC
Breast Surgery and Breastfeeding Medicine
Marin Health, Greenbrae, CA

UCSF FACULTY (CONT’D)
Daniel Grossman, MD
Professor
Director, Advancing New Standards in Reproductive Health (ANSIRH)

Mitzi Hawkins, MD
Assistant Professor
Heather G. Huddleston, MD
Professor, Division of Reproductive Endocrinology and Infertility
Traci E. Ito, MD
Assistant Professor
Vanessa Jacoby, MD, MAS
Professor, Vice Chair of Research
Priyanka Jha, MD
Associate Professor of Radiology
Division of Abdominal Imaging and Ultrasound
Robyn A. Lamar, MD, MPH
Associate Professor
Biftu Mengesha, MD, MAS
Assistant Professor
Associate Program Director, Complex Family Planning Fellowship
OBGYN Residency
Director, Innovating Education in Reproductive Health
Evelyn Mok-Lin, MD
Associate Professor
Mary E. Norton, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences, and of Pediatrics
Caitlyn Painter, DO
Assistant Professor
Division of Minimally Invasive Surgery & Urogynecology
Director, Medical Education
Frederico Rocha, MD, MS
Associate Professor, Division of Maternal-Fetal Medicine
Melissa G. Rosenstein, MD, MAS
Associate Professor, Division of Maternal-Fetal Medicine
Medical Director for Quality and Patient Safety for Obstetrics, UCSF

UCSF FACULTY (CONT’D)
Tami Rowen, MD, MS
Associate Professor
George F. Sawaya, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences, and of Epidemiology & Biostatistics
Dominika Seidman, MD, MAS
Assistant Professor
Karen Smith-McCune, MD, PhD
Professor Emeritus
Nasim C. Sobhani, MD
Assistant Professor, Division of Maternal Fetal Medicine
Medical Director, Endocrine, Diabetes, and Pregnancy Program (EDAPP)
Lori M. Strachowski, MD
Professor of Radiology and Biomedical Imaging, and of Obstetrics, Gynecology, and Reproductive Sciences
Martha Tesfalul, MD
Assistant Professor, Division of Maternal Fetal Medicine
Stefanie M. Ueda, MD
Associate Professor, Division of Gynecologic Oncology
Sara Whetstone, MD, MHS
Associate Professor
Residency Program Director, Obstetrics, Gynecology and Reproductive Sciences
Interim Vice Chair of Equity, Inclusion and Structural Change
Marya G. Zlatnik, MD, MMS
Professor, Division of Maternal Fetal Medicine
Associate Director, Maternal Fetal Health & the Environment
Course Registration • MOB23001
Obstetrics and Gynecology Update: What Does The Evidence Tell Us?
October 12-14, 2022
Marines’ Memorial Club and Hotel San Francisco, CA

Mail to: UCSF Office of CME
Box 0742 • 490 Illinois Street, Floor 8
San Francisco, CA 94143

Online registration: ObGynUpdate.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr.  Ms.  Mr.  Mrs.  Mx.

LAST NAME  FIRST  M.I.

DEGREE  SPECIALTY

ADDRESS

CITY  STATE  ZIP

DAYTIME PHONE

EMAIL

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list?  Yes  No

Please indicate if you have any special needs: ________________________________

Registration Fees (Rates increase after 7/15/22)*:

$750/$800  Physicians
$525/$575  Other Health Professionals
$475/$525  Physicians in Training

I plan to attend the conference in person and I will adhere to the current UCSF Covid Safety guidelines at the time of the conference.

I have booked a hotel room in the group room block and am eligible for the $100 registration rebate.

Check enclosed payable to UC Regents

Please charge my credit card:  □ Visa  □ MasterCard  □ AmEx for $ _______________

CARD # ___________________________  EXPIRATION DATE ________________

NAME ON CARD (PLEASE PRINT)  AUTHORIZED SIGNATURE

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On-Site Attendees
Place: Marines’ Memorial Club and Hotel
609 Sutter Street
San Francisco CA 94102
415-673-6672
www.marineclub.com

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