



UCSF Department of Obstetrics, Gynecology  
and Reproductive Sciences  
University of California San Francisco, School of Medicine

obgyn

# Obstetrics and Gynecology Update: What Does The Evidence Tell Us?

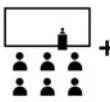


WEDNESDAY - FRIDAY


**OCTOBER 13-15, 2021**

MARINES' MEMORIAL CLUB & HOTEL  
SAN FRANCISCO, CA

ON-SITE + LIVE STREAM



+



REMOTE LEARNING  
OPTIONS AVAILABLE

2021

# Obstetrics and Gynecology Update: What Does The Evidence Tell Us?

Marines' Memorial Club & Hotel • San Francisco, CA



New information on obstetric and gynecologic practice is being produced at a rapid rate. Leaders in the field, including those at the American College of Obstetricians and Gynecologists, take an evidence-based approach when formulating practice guidelines. This course is designed to provide a comprehensive update for the practitioner, placing emphasis on reviewing current evidence-based data and applying new practice guidelines.

## TARGET AUDIENCE

Designed for practicing physicians, residents, nurses, nurse practitioners, and physician assistants seeking an update on a wide range of current issues in obstetrics and gynecology.

## OBJECTIVES

Upon completion of this course, participants should be able to:

- Provide patients with management options for fibroids and endometriosis;
- Consult with patients regarding new contraceptive options and their individual risks and benefits;
- Apply in practice the most recent guidelines for screening and management of cervical intraepithelial neoplasia as well as the most recent CDC guidelines for treatment of sexually transmitted infections;
- Define sleep hygiene and strategies to improve sleep;
- Consult with patients regarding what is known about the COVID 19 vaccine and pregnancy and breastfeeding;
- Counsel trans patients on menstrual suppression and fertility options;
- Incorporate vulvar dermatology to evaluate and treat common conditions.

## ONSITE and LIVE STREAM MEETING

Registrants will have the option to select in person attendance or remote online attendance.

Login instructions along with the digital syllabus will be shared with attendees a week before the meeting. Included in your registration fee is access to the course recordings on demand for 30 days after the course.

## ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **22.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

### Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

### Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

### Obstetricians/Gynecologists

Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists.

**Determination of credit is pending.**

### Pharmacotherapeutics CEUs for Nurses

This activity is designated for a maximum of **8.25** pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.



# Obstetrics and Gynecology Update: What Does The Evidence Tell Us?

## WEDNESDAY, OCTOBER 13, 2021

7:00 am	<i>Registration Check-In / Continental Breakfast</i>	
7:45 am	<b>Welcome and Opening Statements</b>	Amy (Meg) Autry, MD
8:00	<b>Fibroid Management: What's New?</b>	Alison F. Jacoby, MD
8:45	<b>Diagnosis and Management of Endometriosis</b>	Jessica Opoku-Anane, MD
9:30	<b>Hot Topics in Urogynecology</b>	Michelle Y. Morrill, MD
10:15	<i>Break</i>	
10:30	<b>New Guidelines for Cervical Cancer Screening and Dysplasia Management</b>	George F. Sawaya, MD
11:15	<b>Update on HPV Vaccination</b>	Karen Smith-McCune, MD, PhD
12:00 pm	<i>Lunch (On Your Own)</i>	
1:15	<b>New Contraceptive Options</b>	Tania Basu Serna, MD, MPH
2:00	<b>Hot Topics in Family Planning</b>	Biftu Mengesha, MD, MAS
2:45	<b>Updates on Abortion Regulations</b>	Daniel Grossman, MD
3:30	<i>Break</i>	
3:45	<b>Osteoporosis: Updates and Guidelines</b>	Jeffrey A. Tice, MD
4:30	<b>Sleep: Hacking our Stone Age Bodies to Sleep Better in the Digital Age</b>	Nirupam Singh, MD
5:15 pm	<i>Adjourn</i>	

## THURSDAY, OCTOBER 14, 2021

7:30 am	<i>Continental Breakfast</i>	
8:00	<b>Hot Topics in Genetics</b>	Mary E. Norton, MD
8:45	<b>Structural Racism and Health Equity</b>	Andrea Jackson, MD, MAS
9:30	<b>Buprenorphine Induction in Pregnancy</b>	Dominika Seidman, MD, MAS
10:15	<i>Break</i>	
10:30	<b>Hot Topics in Maternal Fetal Medicine</b>	Juan M. González-Velez, MD, PhD
11:15	<b>Hypertensive Disease in Pregnancy</b>	Frederico Rocha, MD, MS
12:00 pm	<i>Lunch (On Your Own)</i>	
1:15	<b>COVID Vaccine and Pregnancy and Lactation</b>	Stephanie Gaw, MD, PhD
2:00	<b>Outpatient Induction of Labor</b>	Robyn A. Lamar, MD, MPH
2:45	<b>Labor Augmentation</b>	Rebecca H. Amirault, CNM
3:30	<i>Break</i>	
3:45	<b>Evidence-based Cesarean</b>	Marya G. Zlatnik, MD, MMS
4:30	<b>OB Bundles</b>	Melissa G. Rosenstein, MD, MAS
5:15 pm	<i>Adjourn</i>	

## FRIDAY, OCTOBER 15, 2021

7:30 am	<i>Continental Breakfast</i>	
8:00	<b>Infertility Options for the Generalist</b>	Heather G. Huddlestone, MD
8:45	<b>Hot Topics in REI</b>	Eleni Greenwood Jaswa, MD, MSc
9:30	<b>Menstrual Suppression in Trans Adolescents</b>	Mitzi Hawkins, MD
10:15	<i>Break</i>	
10:30	<b>Fertility Options for Trans Patients</b>	Evelyn Mok-Lin, MD
11:15	<b>Diagnosis and Prevention of Early Stage Endometrial Cancer</b>	Sara Whetstone, MD, MHS
12:00 pm	<i>Lunch (On Your Own)</i>	
1:15	<b>Hot Topics in Gynecologic Oncology</b>	Stefanie M. Ueda, MD
2:00	<b>Sentinel Node Mapping in Gynecologic Cancers</b>	Jocelyn S. Chapman, MD
2:45	<b>Breast Imaging What and When</b>	Karla Kerlikowske, MD
3:30	<i>Break</i>	
3:45	<b>Vulvar Dermatology</b>	Deborah J. Kamali, MD
4:30	<b>Finally Here: The 2021 CDC STI Treatment Guidelines</b>	Michael S. Policar, MD, MPH
5:15 pm	<i>Adjourn</i>	

**P** Nursing Pharmacology Credit

Each lecture includes 10 minutes built in for audience questions and answers.

All times Pacific Daylight Time.

The webinar will open for virtual attendees 10 minutes prior to the start of each day's lectures.

program



## GENERAL INFORMATION

Onsite attendance is limited and capacity is controlled. We advise you to register early if you want to attend in person.

Remote attendance via zoom is available to all attendees, and the cut-off date for registering is 3:00 pm PDT October 15, 2021.

Registrants will be given attendance instructions and the electronic course materials 1 week in advance of the conference. All course times are in the Pacific Daylight Time Zone.

## HOW TO ENROLL

### Tuition:

- \$745** Physicians  
**(\$795** postmarked after 7/31/21)
- \$495** Other Health Professionals  
**(\$545** postmarked after 7/31/21)
- \$495** Physicians in Training  
**(\$545** postmarked after 7/31/21)

Registrants who book their hotel rooms at the Marines' Memorial Hotel in our group room block will receive \$100 off published registration fees.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

**Online:** [ObGynUpdate.ucsf.edu](https://obgynupdate.ucsf.edu)

**Mail:** Complete course registration form and send with payment to:  
UCSF Office of CME Box 0742  
490 Illinois Street, Floor 8  
San Francisco, CA 94143

**Phone:** To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: [ObGynUpdate.ucsf.edu](https://obgynupdate.ucsf.edu)

**On-Site Registration:** Due to evolving COVID safety precautions, advance registration for on-site attendance is required and capacity controlled. Walk-in registration for on-site attendance will not be allowed this year.

## REFUND POLICY

Cancellations received in writing before **October 5, 2021** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

## CONFERENCE LOCATION

**The Marines' Memorial Club & Hotel** is conveniently located just steps from Union Square, shopping attractions, historic cable cars, Chinatown, and the Theater District. A block of guestrooms has been reserved at the special UCSF conference rate of **\$279/night** for a standard room or **\$309/night** for a deluxe room. You are urged to make your reservations early and prior to registering for the conference. The cut off date is **September 12, 2021**, or **once the group room block is filled**.

To make hotel reservations by phone please call **800-562-7463** or **415-673-6672** and ask for the UCSF OBGYN group rate. In addition, reservations may be made via email to [reservations@marinesmemorial.org](mailto:reservations@marinesmemorial.org). Book online at <https://marinesmemorial.org> (offer code: **UCSF0BGYN2021**)

**By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.**

## AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own: United - [www.united.com](http://www.united.com) • Offer Code: ZJYX478897



**UCSF Office of Continuing Medical Education**  
Box 0742 • 490 Illinois Street, Floor 8  
San Francisco, CA 94143

**COURSE CHAIRS**

**Amy (Meg) Autry, MD**  
Professor

Director of Continuing  
Medical Education  
UCSF Department of Obstetrics,  
Gynecology, and Reproductive  
Sciences

**GUEST FACULTY**

**Michelle Y. Morrill, MD**  
Surgical Quality Lead  
Director of Urogynecology  
Kaiser Permanente,  
San Francisco, CA

**Nirupam Singh, MD**  
Critical Care Specialist &  
Pulmonologist  
Kaiser Permanente, San Rafael, CA

**UCSF FACULTY**

(Department of Obstetrics, Gynecology  
and Reproductive Sciences unless  
otherwise noted))

**Rebecca H. Amirault, CNM**  
Associate Professor

**Jocelyn S. Chapman, MD**  
Assistant Professor, Division of  
Gynecologic Oncology

**Stephanie Gaw, MD, PhD**  
Assistant Professor

**Juan M. González-Velez, MD, PhD**  
Associate Professor  
Fellowship Program Director,  
Maternal-Fetal Medicine  
Medical Director of Labor and  
Delivery

**Eleni Greenwood Jaswa, MD, MSc**  
Assistant Professor

**Daniel Grossman, MD**  
Professor;  
Director, Advancing New Standards  
in Reproductive Health (ANSIRH)

**UCSF FACULTY CONT'D)**

**Mitzi Hawkins, MD**  
Clinical Fellow

**Heather G. Huddleston, MD**  
Professor, Division of Reproductive  
Endocrinology and Infertility

**Andrea Jackson, MD, MAS**  
Assistant Professor

**Alison F. Jacoby, MD**  
Professor  
Director, UCSF Comprehensive  
Fibroid Center

**Deborah D. Kamali, MD**  
Associate Professor

**Karla Kerlikowske, MD**  
Professor, of Medicine and of  
Epidemiology & Biostatistics  
Co-Director of the  
Women's Clinic, UCSF  
Director of the  
Women's Health Fellowship,  
San Francisco Veterans Affairs  
Health System

**Robyn A. Lamar, MD, MPH**  
Assistant Professor

**Biftu Mengesha, MD, MAS**  
Assistant Professor  
Medical Director of Obstetrics,  
Zuckerberg San Francisco  
General Hospital  
Assistant Residency  
Program Director  
UCSF Department of Obstetrics,  
Gynecology & Reproductive Sciences

**Evelyn Mok-Lin, MD**  
Associate Professor

**Mary E. Norton, MD**  
Professor, Department of Obstetrics,  
Gynecology and  
Reproductive Science,  
and of Pediatrics

**UCSF FACULTY CONT'D)**

**Jessica Opoku-Anane, MD, MS**  
Assistant Professor

**Michael S. Policar, MD, MPH**  
Professor Emeritus of  
Obstetrics, Gynecology  
and Reproductive Sciences

**Frederico Rocha, MD, MS**  
Assistant Professor

**Melissa G. Rosenstein, MD, MAS**  
Assistant Professor, Division of  
Maternal-Fetal Medicine

**George F. Sawaya, MD**  
Professor of Obstetrics, Gynecology  
and Reproductive Sciences, and of  
Epidemiology & Biostatistics

**Dominika Seidman, MD, MAS**  
Assistant Professor

**Tania Basu Serna, MD, MPH**  
Associate Professor

**Karen Smith-McCune, MD, PhD**  
Professor Emeritus  
**Jeffrey A. Tice, MD**  
Professor of Medicine,  
Division of General Internal Medicine

**Stefanie M. Ueda, MD**  
Associate Professor; Division of  
Gynecologic Oncology

**Sara Whetstone, MD, MHS**  
Assistant Professor

**Marya G. Zlatnik, MD, MMS**  
Professor, Maternal Fetal Medicine &  
Program in Reproductive Health &  
the Environment, UCSF;  
Associate Director, Maternal Fetal  
Health & the Environment, UCSF-  
Western States Pediatric  
Environmental Health Specialty Unit

**Course Registration • MOB22001**  
**Obstetrics and Gynecology Update:**  
**What Does The Evidence Tell Us?**

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Mail to : UCSF Office of CME  
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 San Francisco, CA 94143

**Online registration: [ObGynUpdate.ucsf.edu](http://ObGynUpdate.ucsf.edu)**  
 Registration Information: (415) 476-5808  
 Course Information: (415) 476-4251

Dr.  Ms.  Mr.  Mrs.  Mx.

LAST NAME	FIRST	M.I.
DEGREE		SPECIALTY
ADDRESS		
CITY	STATE	ZIP
DAYTIME PHONE	FAX	
EMAIL		

**Address Label Code Letter (see address label: example, A, B, C, D, etc.)** \_\_\_\_\_

Would you like to be on our priority email list?  Yes  No

 Please indicate if you have any special needs: \_\_\_\_\_

**Registration Fees\***

- \$745** Physicians (**\$795** after 7/31/2021)
- \$495** Other Health Professionals (**\$545** after 7/31/2021)
- \$495** Physicians in Training (**\$545** after 7/31/2021)
- I plan to attend the conference in person and I will adhere to the current SFDPH guidelines at the time of the conference.
- I have booked a hotel room in the group roomblock and am eligible for the \$100 registration rebate.



Check enclosed payable to *UC Regents*

Please charge my credit card:  Visa  MasterCard  AmEx for \$ \_\_\_\_\_

CARD #	EXPIRATION DATE
NAME ON CARD (PLEASE PRINT)	AUTHORIZED SIGNATURE

**Refund Policy:** Cancellations received in writing before **October 5, 2021** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Advance registration is required for onsite attendees. Please check our website for up to date information on the course if you are planning to attend in person: [ObGynUpdate.ucsf.edu](http://ObGynUpdate.ucsf.edu)

**On-Site Attendees**

Place: **Marines' Memorial Club and Hotel**  
 609 Sutter Street  
 San Francisco CA 94102  
 415-673-6672  
[www.marineclub.com](http://www.marineclub.com)

**Remote Attendees:** Login instructions along with the digital syllabus will be shared with attendees a week before the meeting.

