New information on obstetric and gynecologic practice is being produced at a rapid rate. Leaders in the field, including those at the American College of Obstetricians and Gynecologists, take an evidence-based approach when formulating practice guidelines. This course is designed to provide a comprehensive update for the practitioner, placing emphasis on reviewing current evidence-based data and applying new practice guidelines.

TARGET AUDIENCE
Designed for practicing physicians, residents, nurses, nurse practitioners, and physician assistants seeking an update on a wide range of current issues in obstetrics and gynecology.

OBJECTIVES
Upon completion of this course, participants should be able to:

• Provide patients with management options for fibroids and endometriosis;
• Consult with patients regarding new contraceptive options and their individual risks and benefits;
• Apply in practice the most recent guidelines for screening and management of cervical intraepithelial neoplasia as well as the most recent CDC guidelines for treatment of sexually transmitted infections;
• Define sleep hygiene and strategies to improve sleep;
• Consult with patients regarding what is known about the COVID 19 vaccine and pregnancy and breastfeeding;
• Council trans patients on menstrual suppression and fertility options;
• Incorporate vulvar dermatology to evaluate and treat common conditions.

ONSITE and LIVE STREAM MEETING
Registrants will have the option to select in person attendance or remote online attendance. Login instructions along with the digital syllabus will be shared with attendees a week before the meeting. Included in your registration fee is access to the course recordings on demand for 30 days after the course.
Obstetrics and Gynecology Update: What Does The Evidence Tell Us?

**WEDNESDAY, OCTOBER 13, 2021**

7:00 am  Registration Check-In / Continental Breakfast

7:45 am  Welcome and Opening Statements  (Amy (Meg) Autry, MD)

8:00 P  Fibroid Management: What’s New?  (Alison F. Jacoby, MD)

8:45 P  Diagnosis and Management of Endometriosis  (Jessica Opoku-Anane, MD)

9:30  Hot Topics in Urogynecology  (Michelle Y. Morrill, MD)

10:15  Break

10:30  New Guidelines for Cervical Cancer Screening and Dysplasia Management  (George F. Sawaya, MD)

11:15 P  Update on HPV Vaccination  (Karen Smith-McCune, MD, PhD)

12:00 pm  Lunch (On Your Own)

1:15 P  New Contraceptive Options  (Tania Basu Serna, MD, MPH)

2:00  Hot Topics in Family Planning  (Biftu Mengeshia, MD, MAS)

2:45 P  Updates on Abortion Regulations  (Daniel Grossman, MD)

3:30  Break

3:45 P  Osteoporosis: Updates and Guidelines  (Jeffrey A. Tice, MD)

4:30  Sleep: Hacking our Stone Age Bodies to Sleep Better in the Digital Age  (Nirupam Singh, MD)

5:15 pm  Adjourn

**THURSDAY, OCTOBER 14, 2021**

7:30 am  Continental Breakfast

8:00  Hot Topics in Genetics  (Mary E. Norton, MD)

8:45  Structural Racism and Health Equity  (Andrea Jackson, MD, MAS)

9:30 P  Buprenorphine Induction in Pregnancy  (Dominika Seidman, MD, MAS)

10:15  Break

10:30  Hot Topics in Maternal Fetal Medicine  (Juan M. González-Velez, MD, PhD)

11:15  Hypertensive Disease in Pregnancy  (Frederico Rocha, MD, MS)

12:00 pm  Lunch (On Your Own)

1:15 P  COVID Vaccine and Pregnancy and Lactation  (Stephanie Gaw, MD, PhD)

2:00 P  Outpatient Induction of Labor  (Robyn A. Lamar, MD, MPH)

2:45  Labor Augmentation  (Rebecca H. Amirault, CNM)

3:30  Break

3:45  Evidence-based Cesarean  (Marya G. Zlatnik, MD, MMS)

4:30  OB Bundles  (Melissa G. Rosenstein, MD, MAS)

5:15 pm  Adjourn

**FRIDAY, OCTOBER 15, 2021**

7:30 am  Continental Breakfast

8:00  Infertility Options for the Generalist  (Heather G. Huddleston, MD)

8:45  Hot Topics in REI  (Eleni Greenwood Jaswa, MD, MSc)

9:30 P  Menstrual Suppression in Trans Adolescents  (Mitzi Hawkins, MD)

10:15  Break

10:30  Fertility Options for Trans Patients  (Evelyn Mok-Lin, MD)

11:15  Diagnosis and Prevention of Early Stage Endometrial Cancer  (Sara Whetstone, MD, MHS)

12:00 pm  Lunch (On Your Own)

1:15  Hot Topics in Gynecologic Oncology  (Stefanie M. Ueda, MD)

2:00  Sentinel Node Mapping in Gynecologic Cancers  (Jocelyn S. Chapman, MD)

2:45  Breast Imaging What and When  (Karla Kerlikowske, MD)

3:30  Break

3:45  Vulvar Dermatology  (Deborah J. Kamali, MD)

4:30 P  Finally Here: The 2021 CDC STI Treatment Guidelines  (Michael S. Policar, MD, MPH)

5:15 pm  Adjourn

P  Nursing Pharmacology Credit

Each lecture includes 10 minutes built in for audience questions and answers.

All times Pacific Daylight Time.

The webinar will open for virtual attendees 10 minutes prior to the start of each day’s lectures.
Onsite attendance is limited and capacity is controlled. We advise you to register early if you want to attend in person.

Remote attendance via zoom is available to all attendees, and the cut-off date for registering is 3:00 pm PDT October 15, 2021.

Registrants will be given attendance instructions and the electronic course materials 1 week in advance of the conference. All course times are in the Pacific Daylight Time Zone.

HOW TO ENROLL

Tuition:
- $745  Physicians
  ($795 postmarked after 7/31/21)
- $495  Other Health Professionals
  ($545 postmarked after 7/31/21)
- $495  Physicians in Training
  ($545 postmarked after 7/31/21)

Registrants who book their hotel rooms at the Marines’ Memorial Hotel in our group room block will receive $100 off published registration fees.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:
- Online: ObGynUpdate.ucsf.edu
- Mail: Complete course registration form and send with payment to:
  UCSF Office of CME Box 0742
  490 Illinois Street, Floor 8
  San Francisco, CA 94143
- Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: ObGynUpdate.ucsf.edu

On-Site Registration: Due to evolving COVID safety precautions, advance registration for on-site attendance is required and capacity controlled. Walk-in registration for on-site attendance will not be allowed this year.

REFUND POLICY

Cancellations received in writing before October 5, 2021 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

The Marines’ Memorial Club & Hotel is conveniently located just steps from Union Square, shopping attractions, historic cable cars, Chinatown, and the Theater District. A block of guestrooms has been reserved at the special UCSF conference rate of $279/night for a standard room or $309/night for a deluxe room. You are urged to make your reservations early and prior to registering for the conference. The cut off date is September 12, 2021, or once the group room block is filled.

To make hotel reservations by phone please call 800-562-7463 or 415-673-6672 and ask for the UCSF OB/GYN group rate. In addition, reservations may be made via email to reservations@marinesmemorial.org.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:

United - www.united.com • Offer Code: ZJYX478897
COURSE CHAIRS
Amy (Meg) Autry, MD
Professor
Director of Continuing Medical Education
UCSF Department of Obstetrics, Gynecology, and Reproductive Sciences

GUEST FACULTY
Michelle Y. Morrill, MD
Surgical Quality Lead
Director of Urogynecology
Kaiser Permanente, San Francisco, CA

Nirupam Singh, MD
Critical Care Specialist & Pulmonologist
Kaiser Permanente, San Rafael, CA

UCSF FACULTY
(Department of Obstetrics, Gynecology and Reproductive Sciences unless otherwise noted)

Rebecca H. Amirault, CNM
Associate Professor
Jocelyn S. Chapman, MD
Assistant Professor, Division of Gynecologic Oncology
Stephanie Gaw, MD, PhD
Associate Professor
Juan M. González-Velez, MD, PhD
Associate Professor
Fellowship Program Director, Maternal-Fetal Medicine
Medical Director of Labor and Delivery

Eleni Greenwood Jaswa, MD, MSc
Assistant Professor
Daniel Grossman, MD
Professor; Director, Advancing New Standards in Reproductive Health (ANSIRH)

UCSF FACULTY CONT’D)
Mitzi Hawkins, MD
Clinical Fellow
Heather G. Huddleston, MD
Professor, Division of Reproductive Endocrinology and Infertility
Andrea Jackson, MD, MAS
Assistant Professor
Alison F. Jacoby, MD
Professor
Director, UCSF Comprehensive Fibroid Center
Deborah D. Kamali, MD
Associate Professor
Karla Kerliksowske, MD
Professor, of Medicine and or Epidemiology & Biostatistics
Co-Director of the Women's Clinic, UCSF
Director of the Women’s Health Fellowship, San Francisco Veterans Affairs Health System
Robyn A. Lamar, MD, MPH
Assistant Professor
Biftu Mengesha, MD, MAS
Assistant Professor
Medical Director of Obstetrics, Zuckerberg San Francisco General Hospital
Assistant Residency Program Director
UCSF Department of Obstetrics, Gynecology & Reproductive Sciences
Evelyn Mok-Lin, MD
Associate Professor
Mary E. Norton, MD
Professor, Department of Obstetrics, Gynecology and Reproductive Science, and of Pediatrics

UCSF FACULTY CONT’D)
Jessica Opoku-Anane, MD, MS
Assistant Professor
Michael S. Policar, MD, MPH
Professor Emeritus of Obstetrics, Gynecology and Reproductive Sciences
Frederico Rocha, MD, MS
Assistant Professor
Melissa G. Rosenstein, MD, MAS
Assistant Professor, Division of Maternal-Fetal Medicine
George F. Sawaya, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences, and of Epidemiology & Biostatistics
Dominika Seidman, MD, MAS
Assistant Professor
Tania Basu Serna, MD, MPH
Associate Professor
Karen Smith-McCune, MD, PhD
Professor Emeritus
Jeffrey A. Tice, MD
Professor of Medicine, Division of General Internal Medicine
Stefanie M. Ueda, MD
Associate Professor; Division of Gynecologic Oncology
Sara Whetstone, MD, MHS
Assistant Professor
Marya G. Zlatnik, MD, MMS
Professor, Maternal Fetal Medicine Program in Reproductive Health & the Environment, UCSF; Associate Director, Maternal Fetal Health & the Environment, UCSF-Western States Pediatric Environmental Health Specialty Unit

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Course Registration • MOB22001
Obstetrics and Gynecology Update: What Does The Evidence Tell Us?
October 13-15, 2021
Marines' Memorial Club and Hotel San Francisco, CA

Mail to: UCSF Office of CME
Box 0742 • 490 Illinois Street, Floor 8
San Francisco, CA 94143

Online registration: ObGynUpdate.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. □ Ms. □ Mr. □ Mrs. □ Mx.

LAST NAME                      FIRST                      M.I.

DEGREE                        SPECIALTY

ADDRESS

CITY                        STATE                        ZIP

DAYTIME PHONE                FAX

EMAIL

Address Label Code Letter (see address label: example, A, B, C, D, etc.) __________________

Would you like to be on our priority email list? □ Yes □ No

Please indicate if you have any special needs:__________________________________________

Registration Fees*

□ $745 Physicians ($795 after 7/31/2021)
□ $495 Other Health Professionals ($545 after 7/31/2021)
□ $495 Physicians in Training ($545 after 7/31/2021)

□ I plan to attend the conference in person and I will adhere to the current SFDPH guidelines at the time of the conference.

□ I have booked a hotel room in the group roomblock and am eligible for the $100 registration rebate.

Check enclosed payable to UC Regents
Please charge my credit card: □ Visa □ MasterCard □ AmEx for $ ____________________

_____________________________________________________________|____________/_____________
CARD #                        EXPIRATION DATE

NAME ON CARD (PLEASE PRINT)       AUTHORIZED SIGNATURE

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On-Site Attendees
Place: Marines' Memorial Club and Hotel
609 Sutter Street
San Francisco CA 94102
415-673-6672
www.marineclub.com

Remote Attendees: Login instructions along with the digital syllabus will be shared with attendees a week before the meeting.